



Dear Union Members,

We are in a crisis, but we are in this together.

Labor and our community partners are working together to give you accurate information and assistance during COVID 19.

Take positive action, stay informed, follow all health and safety guidelines and reduce your stress levels by exercising, keeping your distance but keeping in touch with family and friends.

It is very important to stay in touch with your local union, let them know your status and if you need assistance.

Labor / Health Resources for Workers in California:

<https://calaborfed.org/covid-19-outbreak-resources-and-information-for-workers/>

<https://slaborcouncil.org/resources/coronavirus-2019-covid-19-resources-for-workers/>

CDC-<https://www.cdc.gov/spanish/>

Ca DPH-https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCoV2019_Spanish.aspx

SF DPH-<https://www.sfdph.org/dph/alerts/coronavirus.asp>

SMC DPH <https://www.smchealth.org/coronavirus>

Most workers will be eligible for certain benefits including: Unemployment Insurance, Paid Family Leave, Paid Sick Leave, Family Care Leave, State Disability Insurance.

- Filing for unemployment video:
https://www.edd.ca.gov/Unemployment/UI_Online_Videos.htm#player
- EDD -CoV2019
- https://www.edd.ca.gov/about_edd/coronavirus-2019-espanol.htm
- EDD-CoV2019 -FAQ (preguntas frecuentes)
- https://www.edd.ca.gov/about_edd/coronavirus-2019/faqs-espanol.htm

Special programs for union members include:

- Or check with your local union or Central Labor Council.
- When the Paycheck Stops: http://aflcionc.org/wp-content/uploads/2020/03/paycheckBookletNEW_3.2020.pdf

Call **211**: public call center provides all non-emergency / non-medical information and referral operated by United Way Bay Area

Bay Area Food Banks: emergency food, free school meals during shut down:

<https://www.shfb.org/get-food/> or 1-800-984-3663

Health Insurance / Covered California:

<https://www.coveredca.com/covid19/#>

<https://calmatters.org/california-divide/2020/03/covered-california-extends-enrollment-deadline-health-coverage/>

Call 211 for low income energy assistance programs. PG&E has implemented a moratorium on service disconnections for non-payment for all customers and it will remain in effect until further notice. PG&E will also offer flexible pay plans. Check with your other utility providers.

Low-cost home Internet service

Several Internet service providers are offering low-cost Internet service for low income households or households with students or seniors. Some of these programs are based on pre-existing programs to offer Internet service for low rates, typically around \$10 a month. Please check each company's website for additional eligibility requirements and details on the application process.

- AT&T Access
 - Summary: \$10 a month for home Internet service for eligible low income subscribers.
 - Eligibility: Households that receive SNAP or SSI benefits.
 - Link: att.com/access
- Comcast Internet Essentials
 - Summary: \$9.95 a month for home Internet service for eligible low income subscribers. New customers will receive 60 days of free service, after the free period, service will be billed at the usual Internet Essentials rate.
 - Eligibility: Households that are eligible for public assistance programs like the National School Lunch Program, housing assistance, Medicaid, SNAP, SSI.
 - Link: <https://www.Internetessentials.com/>
- Sonic
 - Summary: 3 months of free Internet access and unlimited nationwide home telephone service for eligible new customers with students or seniors in the household. After the free period, service will be billed at standard rates. Households may cancel at any time.
 - Eligibility: households with K-12, college students, or senior citizens 60 or older.
 - Link: <https://www.sonic.com/cov19>

Free home Internet service at affordable housing sites

The City and local Internet service provider Monkeybrains have partnered to provide free, high-quality Internet service at dozens of affordable housing sites through the Fiber to Housing program.

Both the **IRS** and the **California Franchise Tax Board** have extended tax filing date to July 15, 2020

Managing Stress and Anxiety: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>

California State Law allows parents to take additional time off from work to deal with school closures. This means it is illegal for an employer to fire or retaliate against a parent for taking that time off.

Learn at Home: Free Resources for School Closures

<https://www.scholastic.com/parents/school-success/home-learning-resources.html>

<https://www.khanacademy.org/math/k-8-grades>

COMPLETE THE CENSUS – NOW MORE THAN EVER AN ACCURATE COUNT IS NEEDED TO MAKE SURE NEEDED SERVICES ARE AVAILABLE IN OUR COMMUNITIES.

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